

E2E- Part 81

Psalms 1

Mark Kring, Senior Pastor
March 2, 2025



1. The Psalms are poems that invite us to experience God's faithfulness, rescue, provision, majesty, and power. Music was created by God before humans and will last into eternity.
2. The collection of the Psalms spans 1,000 years of history – from Moses to Ezra. The Hebrew people titled them *Tehillim*, meaning “praise songs,” and they often express raw emotions.
3. Ultimately, the Psalms illuminate God's greatness by reminding us of the absolute centrality of His Word.
4. **Verse 1:** The details of “counsel, path, and seat” draw attention to the realm of thought, behavior, and belonging. The way of blessing is rooted in our choices and our commitment to that chosen lifestyle.
5. **Verse 2:** The Law of the Lord stands in total opposition to the counsel of the wicked. The righteous are identified by their link to His Law.
6. **Verse 2:** Meditation on God's Word is more than a personal Bible study. It refers to reflecting on the Word of God in our daily lives by responding to the celebrations or challenges of life in harmony with God's Will.
7. **Verse 3:** The picture of a tree near a water source illustrates how staying in God's Word yields life that does not wither.
8. **Verse 4:** The metaphor of chaff reveals both the uselessness of the wicked and the ease with which God will deal with them.
9. Most times when Scripture speaks of “the man,” it is referring to humanity or mankind. In this case, it refers to one individual man.
10. There is only one individual man who never walked, stood, or sat in the way of sin and only one who is worthy of our worship – Jesus.

GREEK & HEBREW WORDS

Torah (to-row´); a precept or statute

ivsh (eesh): a man as an individual or a male (singular)

TODAY'S WORSHIP

Your Great Name
How Deep The Father's Love For USs
I Stand Amazed

DISCUSSION QUESTIONS

The sermon begins with focus on the musical, poetic cadence found in the Psalms.

- What role does music play in your daily life?
- How is it helpful?
- What would it take for you to increase your use of spiritually-uplifting music?

Consider Psalm 1:1

- What three warnings/observations does this passage include?
- What commitment does it require?
- What does it mean to “delight” in something?
- How is behavior reflective of true delight?
- What are the outcomes in verse 3 for those who delight in the Word?
- How does the Word inform worship?

Whatever shapes our thinking shapes our lives. Read the following verses about the importance of guarding our thoughts: Romans 12:2, 2 Corinthians 10:5, 1 Peter 1:13

- How does technology add to the challenge of guarding our minds?
- What practical steps would you offer to someone who is struggling with a recurring sinful attitude or a behavior?

The message describes how those who truly walk with God continually guard themselves to reflect the Lord in everything they do. We are also called to share the good news of the gospel, which requires building relationships with a lost world.

- How do we balance the two efforts?

Read Joshua 1:8

- Define what it means to meditate on the Word.
- Discuss one new step you can take this week to meditate and delight in the Word of God.