

1. When news of the Mount Carmel events and the attack on her “god” reaches Jezebel, she fiercely threatens to kill Elijah, sending him on the run.
2. Elijah is physically, emotionally, and spiritually exhausted. He does not wait for God's intervention.
3. Before God deals with Elijah's spiritual issue, he meets his physical needs by providing a meal that gives him strength for 40 days.
4. God's question, “What are you doing here, Elijah” calls for self-evaluation. Instead of understanding the depth of his failure, Elijah argues his case to God, but God responds with silence.
5. Instead of scolding or rebuking, God responds with tender mercy and shows Elijah that not only is He found in the gigantic displays, He is also found in the stillness.
6. God is a God of judgment, and He is also the God of mercy. He desires for us to come back to Him.
7. The danger of self-vindication is that we have “personal camouflage.” We display partiality to ourselves.
8. God responds to Elijah with grace and instructs him to go anoint a new king and a succeeding prophet.
9. Even when it seems like culture or the world around us are falling apart, God makes it clear that He is in control. We don't know all that God is working on.

TODAY'S WORSHIP

Yet Not I but Through Christ in Me
There is One Gospel
Great is Thy Faithfulness

DISCUSSION QUESTIONS

Read 1 Kings 19:1-18 together and consider the following:

- What stood out to you most in this passage? Why?

In verses 1-4, we see the physical and spiritual exhaustion of Elijah.

- Why do you think Elijah, after such a powerful victory on Mount Carmel (1 Kings 18), became so afraid and discouraged in this chapter?
- Elijah asks God to take his life (vs. 4). What does this reveal about his emotional and mental state?

Consider God's response to Elijah's despair.

- What does this tell us about God's character?
- Why do you think God chose *not* to reveal Himself through wind, earthquakes, or fire, but through a "gentle whisper"?
- How does this challenge our expectations of how God speaks or moves?

Elijah repeatedly says, "I alone am left" (vs. 10, 14).

- Is this accurate? (See God's response in vs. 18)

God gives Elijah new instructions and a renewed mission in verses 15-17.

- What does this say about how God deals with us in times of despair or exhaustion?
- What do you think it means for us today to be "still" and listen for God's voice in the midst of chaos and discouragement?

Application:

- Are there any "loud noises" that may be drowning out God's whisper?
- How does God's gentle presence speak into your situation?
- Where is God inviting you to rest instead of run?