

**Ephesians 4:25-32**

**FOLLOWING THE MESSAGE**

- 1) 4:25 The Christian lays aside falsehood so he is free to do righteous work and therefore advance the church.
- 2) 4:25 Telling the truth does not require telling everything we know.
- 3) 4:26 It is difficult for us to practice a truly ‘holy anger’ because our emotions are corrupted by sin.
- 4) 4:26 It is possible to be angry and not sin; we must settle the issue quickly.
- 5) 4:27 Although the ruler of this world was defeated by Christ at the cross (Colossians 2:14–15; cf. Hebrews 2:14–15; Ephesians 1:20–22), he does not surrender without a struggle, and he continues to make his powerful influence felt.
- 6) 4:28 Beyond providing for his own family, the Christian’s desire to earn more money should be for the purpose of being able to give more and to help more.
- 7) 4:29 Three characteristics of wholesome speech:
  - Edifying—constructive, instructive, encouraging, uplifting
  - Appropriate—according to the need of the moment, constructively contributing
  - Gracious—loving
- 8) 4:30 We do not lose our salvation because of our sin actions, but we can lose the joy of our salvation and the fullness of the Holy Spirit’s blessing.
- 9) 4:31 These are the sins that break fellowship, destroy relationships, and ultimately weaken the church.

10) 4:32 Being unconditionally kind is the character of God.

11) 4:32 Being tender-hearted carries the idea of being compassionate, a feeling deep inside, to the degree of a gnawing psychosomatic pain due to empathy for someone’s need.

**GREEK WORDS**

Apotithēmi—laying aside/discarding, stripping off

Parorgismos—not momentary boiling-over rage, but rather a deep-seated, determined and settled conviction

Pikria—bitterness; reflects a smoldering resentment, a brooding grudge-filled attitude (Acts 8:23; Hebrews 12:15)

Blasphēmia—slander; ongoing defamation of someone which rises from a bitter heart

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